Place	First Name	Last Name	Time - 8K	Year	5 Mile
1	Larry	Swanson	24:35.5	1971	*24:44.5
2	Darryl	May	24:47.0	1982	
3	Dan	Dietrich	25:32.0	1987	
4	Bryan	Foland	26:10.2	2009	
5	Sean	Sanaghan	26:13.3	2022	
6	Rich	Murray	26:17.0	1973	*26:27.0
7	Bob	Faetz	26:20.0	1971	*26:30.0
8	Saul	Lopez	26:26.3	2014	
9	Bobby	Chukedee	26:27.0	1994	
10	Rick	Murray	26:27.0	1974	
11	Bob	Faetz	26:30.0	1973	
12	Andy	Mount	26:33.0	1994	
13	John	Hieber	26:31.0	1982	
14	Fred	Flores	26:34.0	1974	*26:44.0
15	Niles	Batdorf	26:35.0	1973	*26:45.0
16	Chris	Roe	26:38.6	2008	
17	Jeff	Jones	26:44.0	1971	*26:54.0
18	Kirk	Anderson	26:48.0	1988	
19	Joe	Clifton	26:56.7	2017	
20	Ricky	Barajas	27:00.7	2015	
21	Don	Hodgkinson	27:05.0	1982	
22	Jim	Roberts	27:18.0	1971	*27:28.0
23	Ali	Karatas	27:18.3	2023	
24	Rocky	Echeverria	27:19.0	1999	
25	Chris	Gruenwald	27:23.0	2001	

<sup>\*</sup>Please note that the 5 mile time was converted to 8k - 8K became the official distance in 1976

<sup>\*\*</sup>Please note these lists do not include performances that took place before the 1969 cross country season

Men's Cross Country All-Confrence Runners					
First Name	Last Name	Place	Year		
John	Wood	9th	1965		
John	Wood	13th	1966		
Larry	Swanson	9th	1969		
Larry	Swanson	6th	1970		
Larry	Swanson	1st	1971		
Larry	Swanson	1st	1972		
Jeff	Jones	12th	1974		
Bob	Faetz	13th	1974		
Darryl	May	14th	1979		
Darryl	May	2nd	1980		
Darryl	May	1st	1981		
Darryl	May	4th	1982		
Dan	Dietrich	10th	1987		

Men's Cross Country NCAA Nationals Runners					
First Name	<b>Last Name</b>	Place/Time	Date		
Larry	Swanson	154th - 27:34 ^	Saturday, November 15, 1969		
Larry	Swanson	23rd *^	Saturday, November 14, 1970		
Larry	Swanson	24th *^	Saturday, November 13, 1971		
Darryl	May	52nd - 26:23	Saturday, November 22, 1980		
Darryl	May	23rd - 26:17 *	Saturday, November 21, 1981		
Darryl	May	48th - 27:38	Saturday, November 20, 1982		

<sup>\*</sup> Denotes All-American Status

<sup>^</sup> NCAA Cross Country Championships, College Division